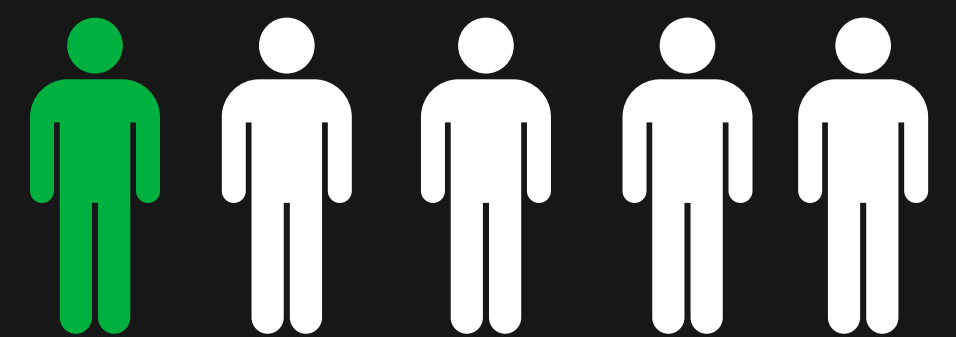


LET'S TALK MENTAL ILLNESS ON

MENTAL ILLNESS AWARENESS WEEK

OCTOBER 4 - 10

- CHALLENGE THE WAY YOU THINK ABOUT MENTAL ILLNESS
- LEARN ABOUT MENTAL ILLNESS
- EXPLORE YOUR MENTAL HEALTH
- TAKE ACTION



DID YOU KNOW THAT **1**
IN **5** PEOPLE WILL
EXPERIENCE SOME
FORM OF MENTAL
ILLNESS AT SOME
POINT IN THEIR LIFE?

VISIT: blackandmcdonaldhealth.com TO LEARN MORE.



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