

## **Your Financial Toolkit**

The Government of Canada has created "Your Financial Toolkit", a comprehensive learning program that provides basic information and tools to help adults manage their personal finances and gain the confidence they need to make better financial decisions.

### What's in the Toolkit?

Your Financial Toolkit is divided into 12 modules, each focusing on a different financial topic. In addition to the basic information, the modules contain tools to help you practice the financial skills and apply the information to your own life. The tools include videos, interactive worksheets, calculators, quizzes, questionnaires and case studies. Most worksheets are available as downloadable PDFs so you can save your templates on your computer and build your own financial toolkit.

At the end of each module, you'll find an action plan. This is a tool that you can use to track your progress and take the next steps to apply the concepts you learned. All modules also provide additional resources for more information.

All of the information and tools are available free of charge.

# What will I gain?

Using the resources in Your Financial Toolkit can help you become a savvier, more confident financial consumer:

- You'll learn the basics of money management in a variety of areas
- You'll practice skills to improve your financial habits
- You'll learn how to better protect yourself when you use financial products and services
- You'll have tools you can keep and reuse to successfully manage your money.

### How does the toolkit work?

The toolkit is flexible and modular. You can complete the entire program page by page, use the left-hand menu to find topics of interest, or try the <u>self-assessment tool</u> to find out what modules and tools could be useful for you based on your situation and needs.

### Checkout the full toolkit here.